

Poisonous Substances

Although not commonly thought of as poisons, drugs of all types can lead to overdose causing serious illness and even death. For example, when you think of medicine you think of getting better. However, when medicines (prescription and over – the – counter) are used in the wrong amount or by the wrong person toxic effects and overdose are more likely. The most commonly abused prescription drugs are opioids, such as oxycodone and hydrocodone.

Other drugs of concern include illicit and synthetic drugs. Synthetic drugs are becoming increasingly popular, particularly among adolescents. Spice (synthetic marijuana), bath salts (synthetic speed) and 2C – I are common synthetics on the streets today. Synthetics are often made by hobby chemists and produce very dangerous side effects, such as increased blood pressure and heart rate which can easily lead to cardiac arrest and death.



Common substances of abuse, street names and health effects are listed on the backside of this handout. This list is not exhaustive; there are many more substances of abuse that are not listed. Rather, this list is designed to educate children, parents, teachers and other caregivers about the common drugs of abuse and the dangers associated with using and abusing these substances.

Substance abuse is not limited to any one age group. Because children are progressively being introduced to these toxic substances at a younger age, it is recommended that they begin to be educated on this topic at 8 years of age.

More educational resources can be found at:

www.nida.gov

www.samhsa.gov

www.justice.gov/dea

<http://nmpoisoncenter.unm.edu>



If someone has been poisoned by a substance of abuse and is having trouble breathing, convulsing or unconscious call 911 right away; otherwise call 1-800-222-1222 right away for help.

Prescription Drugs

Family Name / Generic - Brand Names	Street Names	Ingestion	Negative / Overdose Symptoms
<u>Opiates / Pain Killers</u> Oxycodone – Oxycontin, Percocet Methadone – Dolophine Hydrocodone – Vicodin, Loratab Fentanyl - Sublimaze, Actiq Codeine – Tylenol or Cough Syrup with Codeine	Dreamer, Hows, Miss Emma, Mister Blue, Hillbilly Heroin, Kicker, Os, Vike, Watson 387, Hydros, Percs, 512's, Roxys, Fizzies, Dance Fever, Goodfellas, Jackpot, Incredible Hulk, Ct. Cody, Juice, Smack	Swallowed Injected Smoked Snorted	Drowsiness, pin – point pupils, slowed breathing, constipation, nausea & vomiting, cold & clammy skin and possible death
<u>Depressants / Sedatives</u> Barbiturates - Phenobarbital Benzodiazepines – Librium, Xanax, Valium Sleeping aides – Lunesta, Ambien	Z-Bars, Footballs, Handlebars, Blues, Drunk Pills, Zannys, Downers, Tranks, Red Birds, Yellow Jackets	Swallowed Snorted	Sweaty skin, dilated pupils, shallow breathing, rapid, pulse, coma and possible death
<u>Stimulants</u> Amphetamines – Adderall Methylphenidate – Ritalin	Benz, Dominoes, Uppers, Fives, Pixies, Snap, Sparklers, Blue Devils, Pink Elephants, Black Beauties, Truck Drivers, Skippy, Smart Dogs	Swallowed Injected Smoked Snorted	Panic attacks, aggressive behavior, headache, heart palpitations or cardiac arrest, sweating, vomiting, seizures and possible death

Illicit Drugs

Family Name / Substance	Street Names	Ingestion	Negative / Overdose Symptoms
<u>Opiates</u> Heroin	Smack, Hero, Dragon, Junk, Tar, Snowball, Skunk, Scat, Black / White stuff, He, Boy	Injected Smoked Snorted	Drowsiness, pin – point pupils, nausea, dry mouth, heavy limbs, slow & shallow breathing, blue skin & nails, seizures, coma and possible death
<u>Stimulants</u> Cocaine Methamphetamine	Snow, blow, beam, Aunt Nora, Rock, Gravel, Candy, Crank, Batu, Pookie, Scoobie Snax, Crystal, Meth	Injected Smoked Snorted	Restlessness, anxiety, paranoia, aggression, loss of appetite, cardiac arrhythmias or arrest, increased blood pressure & heart rate, stroke, convulsions and possible death
<u>Hallucinogenics</u> Mushrooms (Psilocybin) Acid	Shrooms, Shroomies, Magic Mushrooms, Caps Cid, Blotter, Dots, Hippie, Looney Toons, Superman, Pane	Ingested Absorbed	Impaired depth perception, distortion of shapes, colors & sizes, nausea, vomiting, increased heart rate & blood pressure, dilated pupils, sleeplessness, psychosis and possible death

Synthetic Drugs

Substance	Brand / Street Names	Ingestion	Negative / Overdose Symptoms
Spice (Synthetic Marijuana)	K2, Spice, Blueberry Haze, Skunk, Dank, Ono Budz, Nitro, Ninja, Blade	Ingested Smoked	Paranoia, panic attacks, increased heart rate & blood pressure, seizures and kidney damage
Bath Salts (Synthetic Stimulant)	Bath Salts, Bliss, Blue Silk, Lunar Wave, Meow Meow, Vanilla Sky	Swallowed Injected Smoked Snorted	Increased heart rate, cardiac arrest, stroke, nausea, vomiting, sweating and seizures