Got Vape?
Electronic cigarette (e-cig) juice has nicotine, just like cigarettes. However, the amount of nicotine in e-cig juice varies and can be as high as 100 mg nicotine / 1 ml of juice (equal to many tobacco cigarettes).

Depending on a person's age and weight, a few drops of e-cig juice can be poisonous and even deadly if swallowed or splashed on the skin or in the eye.

If you or someone else has been poisoned by e-cig juice, call 1-800-222-1222 right away! Follow the tips below to avoid a poisoning from e-cig juice.

**Caregivers of Young Children**
- Keep all e-cig juice and parts out of sight and reach of children.
- Make sure e-cig juice is stored in child-resistant bottles. The flavored liquid is very attractive to children.
- Teach young children to not get into e-cig juice and parts because they could get very sick.

**Tweens / Teens**
- Do not drink e-cig juice.
- Do not put e-cig juice in your or anyone else's food or drink.
- Do not put e-cig juice in your eyes or on your skin.
- Avoid vaping e-cigs and smoking cigarettes. Nicotine is very addictive and is bad for your growing brain.

**Adults**
- Keep your e-cig juice stored away from eyedrops to avoid confusion.
- Be careful not to splash e-cig juice on your skin or in your eyes.
- Avoid putting e-cig juice directly on the battery ("direct dripping"). High temperatures may create toxic chemicals, like formaldehyde.