Halloween Safety Tips from the New Mexico Poison and Drug Information Center

Trick or Treat Safely!

Have an adult inspect all candy or toys received in trick-or-treating.

Eat only treats that are in original, unopened wrappers.

Discard candy if wrappers are faded, have holes or tears or show signs of loose wrapping or re-wrapping.

Feed children before they go out so they will not be tempted to eat candy before an adult has inspected it.

Check homemade treats and fruits for foreign objects that may have been inserted or injected. Look for pins, razor blades, and needles.

Drugs can look like candy. If you’re not sure it’s candy, throw it away.

Remember that some treats, especially chocolate, can be poisonous to pets.

Read instructions when applying costume makeup, face paint, glitter or hair spray. Choose non-toxic materials when using makeup and watch for skin irritations like rash or itching. If irritation occurs, wash off the makeup immediately with soap and water. Keep all cosmetics out of the reach of children.

Dry ice may be used in punch bowls but do NOT use in individual glasses because it can cause frostbite.

In case of a poison emergency, OR if you have questions or concerns about Halloween treats or what to do if makeup gets in the eyes or is ingested, call NMPDIC at 1-800-222-1222, 24 hours a day, 365 days a year.