**HOW TO PREPARE NALOXONE**

1. Pull or pry off both yellow caps.
2. Pull off purple cap.
3. Grip plastic wings and screw onto plastic tube.
4. Gently screw tube of naloxone into the barrel of the plastic tube.
5. Insert white cone into nostril, give a short, vigorous push on the end of the tube to spray one half of naloxone into each nostril.
6. If no reaction in 3 minutes, give the second dose.

**OPIATE OVERDOSE RESCUE KIT**

- 2 x naloxone 2 mg/2 mL as pre-filled Luer-Lock needleless syringes
- 1 x Intranasal Trumpet Device
- Patient education

**Non-Emergency Resource List**

<table>
<thead>
<tr>
<th>Resource</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Mexico Poison Control Center</td>
<td>1-800-222-1222 (free/confidential)</td>
</tr>
<tr>
<td>Holy Cross Health Outreach</td>
<td>575-737-3374</td>
</tr>
<tr>
<td>Rio Grande Alcohol Treatment Program</td>
<td>575-737-5533</td>
</tr>
<tr>
<td>Tri-County Community Services</td>
<td>575-758-1125</td>
</tr>
<tr>
<td>Department of Health</td>
<td>575-758-2073</td>
</tr>
<tr>
<td>Taos Alive Drug Free Community</td>
<td>575-779-6853</td>
</tr>
</tbody>
</table>

**Evaluate + Support**

- If person arouses, withdrawal can be unpleasant. Comfort them and keep them from taking more opiate medication.
- Naloxone wears off in 30-60 minutes. You may have to continue rescue breathing if the overdose returns.
- Encourage survivors to seek treatment if they feel they have a problem (see non-emergency list).
- Refill the naloxone rescue kit at the place you originally obtained it or call CATCH at 575-751-7047.

**In Partnership with Taos Alive Drug Free Community, Holy Cross Hospital, Taos Community Health Plan and the Department of Health**
Steps for Rescuing from an Overdose

1. **Check for Response**
   - Check for a response by gently tapping them and calling their name.
   - Listen for breathing and check for a pulse.
   - If there is no response, check for breathing and a pulse.

2. **Open the Airway**
   - Open the airway by tilting the head back and lifting the chin up.

3. **Rub Chest**
   - Rub your knuckles hard up and down the middle of the person's chest.

4. **Check Breathing**
   - Listen and feel for breath.
   - If no breath is heard or felt, begin rescue breaths.

5. **Call 911**
   - Call 911 if you have drugs on you.
   - Call 911 if the person is not breathing.

6. **Clear the Mouth**
   - Remove any obstacles from the person's mouth and check for vomit.

7. **Seal the Airway**
   - Seal your lips tightly over their nose and mouth.

8. **Rescue Breathing**
   - Breathe into their mouth until they start to breathe.
   - Continue until help arrives.

9. **Put Person on Their Side**
   - If the person is not breathing, put them in the recovery position.

10. **Assess the Situation**
    - Assess the situation and determine the next steps.

Steps for Administering Narcan

1. **Know that Narcan has been administered.**
   - If you are not sure if Narcan has been administered, stay with the person until EMS arrives.

2. **Evaluate the Person.**
   - Leave the person in the recovery position until EMS arrives.

3. **Do not smoke.**
   - Do not smoke near the person.

4. **Assess the Person.**
   - Call the Poison Center at 800-222-1222.

5. **Call 911.**
   - Call 911 if the person is not breathing.

6. **Clear the Mouth.**
   - Clear the mouth of any vomit or obstacles.

7. **Administer Narcan.**
   - Administer Narcan if the person is not breathing or if you are not sure if Narcan has been administered.

8. **Assess the Situation.**
   - Assess the situation and determine the next steps.

9. **Stay with the Person.**
   - Stay with the person until EMS arrives.

10. **Do not leave the Person.**
    - Do not leave the person alone.

Additional Tips:

- Give the person enough time to recover.
- Keep the person warm and quiet.
- Do not use Narcan if the person is breathing.
- Do not use Narcan if the person is unconscious.
- Do not use Narcan if the person is breathing.