



COLLEGE OF
PHARMACY
NEW MEXICO POISON &
DRUG INFORMATION CENTER

Scottie and his pet “carrot!” *Arrrrrrr kitty!*

March 2020

NMPPM Weekly

New Mexico Poison Prevention Month

Focusing on Our Furmilies and COVID 19

Well, we actually made it to our final week of NMPPM 2020! It has been a dizzying and challenging past couple of weeks but, together, we pulled through.

This week we are ***Focusing on Our Furmilies***, including our fine-feathered friends! In this final edition of the NMPPM Weekly, you will find the following topics:

- Tips on how to prevent your “fur-babies” from getting poisoned;
- A cartoon and a CryptoTox puzzle - the first to solve will eventually get a prize!;
- Pets and COVID 19; and
- Closing remarks.

MYTHBUSTER: Ingesting chloroquine phosphate, a common additive in aquarium cleaners, does not kill COVID 19 or prevent you from getting it!



Caring for Our Fur-babies

Our fur-babies are a part of our families and, in most cases, our best friends. They provide us with companionship and cheer us up when we are down. Just as our own children, we want to protect them at all costs.

There are many foods and drinks that are okay for us to consume, but toxic to animals. A list of common animal toxins is provided below.

People Food

Avoid feeding your pets:

- Alcohol
- Avocado
- Chocolate
- Coffee or Caffeine
- Citrus
- Coconut and Coconut Oil
- Grapes and Raisins
- Dairy, including milk
- Nuts, including macademia, almonds pecans and walnuts
- Onions, Garlic and Chives
- Raw and Undercooked Meat, Eggs and Bones
- Salt and Salty Snacks
- Xylitol - a sweetener found in gum, candy, baked goods, and toothpaste
- Yeast Dough

For more information about animal toxins, visit the [ASPCA website](#).

Chemicals, Cleaners and Cosmetics

Keep all medicines, cleaners, chemicals, cosmetics and plants, seeds and bulbs out of sight and reach of pets. This includes the following:

- Essential Oils and Oil-Based Fresheners



- Aspirin, Ibuprofen and Naproxen
- Adderall
- Topical Creams and Ointments
- All Nicotine Products, including e-cigarette liquids and parts
- Inspect Repellents containing DEET
- Guerilla Glue Products
- **NOTE:** Teflon heated to high temperatures may cause death in birds.

CryptoTox

Get your mind off of things by cracking the code below. Be the first to post it on our [Facebook page](#) and claim your prize - eventually!

Qpwo eir twuu w yalskda opwo usjah oi gabtp id so'h iqdad'h hpiruvab: w gao twbbio!

Hint: g equals p



Pets and COVID 19

To date, the CDC has not received any reports of pets becoming ill with COVID 19. Neither is there current evidence to support that humans can contract COVID 19 from their pets. Nonetheless, it is recommended that you limit contact with your pets if you are experiencing any of the COVID 19 symptoms (fever over 100.4, dry cough and trouble breathing) or have been confirmed to have COVID 19.

During this time of limited resources, you may be wondering how you are going to be able to afford to feed and care for your pets. There are nonprofit organizations that are offering free services and food banks in light of the current circumstances. Be sure to check with your local animal welfare departments to locate resources.


Read the latest [COVID 19 Update](#) issued by [Animal Humane New Mexico](#).

Closing Remarks

I would like to begin by giving my heartfelt gratitude to all those who helped to make NMPPM 2020 another wild success, in spite of all the current calamity. It couldn't have been done without your efforts, and I sincerely appreciate it.

Although there is a lot of uncertainty surrounding the COVID 19 pandemic, it is important that we try to remain calm. It will be very difficult to combat this outbreak if we don't work together and look out for one another. Please be socially responsible, obey orders in place, and help those who are in need. Thank you!

~**Jacq Kakos**



“The New Mexico Poison and Drug Information Center has been a vital resource throughout my 47 years in New Mexico. Always courteous and helpful, the Poison Center has helped me with such varied questions as what to do when our donkey drank a gallon of house paint...”

~ Dr. Lance Chilton