



Poison Prevention Tips

- ✓ Use child-resistant caps correctly, but remember *child-resistant* does not mean that they are *child-proof*.
- ✓ Keep medicines and products in their original, labeled, and child-resistant containers.
- ✓ Follow label instructions and warnings on medications and household products.
- ✓ Call medicine “medicine” not “candy”. Children like to eat candy.
- ✓ Do not take medications in front of children because they like to imitate adults.
- ✓ Store poisonous products away from food so there is no confusion.
- ✓ Do not mix household products together.
- ✓ Keep all medicines, cosmetics and household products up high and out of the reach of children.
- ✓ Know the names of your indoor and outdoor plants and know which ones are poisonous.
- ✓ Keep all plants, seeds and bulbs where children cannot reach them.
- ✓ Teach children not to eat berries, seeds, plant food, mushrooms or any part of a plant.
- ✓ Remove mushrooms in your yard and throw them away—all mushrooms should be considered poisonous unless they have been correctly identified by an expert.
- ✓ Supervise children and never leave a child alone with a poisonous substance.
- ✓ Install safety latches on cabinets and drawers.
- ✓ Teach small children to “ask a trusted adult first” before putting anything into their mouths.
- ✓ Install carbon monoxide detectors near bedrooms and on each floor of your home.
- ✓ Share this information with grandparents, family, friends, caregivers and babysitters.
- ✓ **Place the Poison Center telephone number on or near your phone so it is easy to find in an emergency or for questions about poisons:**
1-800-222-1222 (services for non-English speaking persons & the hearing impaired).
- ❖ If you or someone you know has come into contact with a poisonous substance, call **1-800-222-1222** right away. **Do not wait for symptoms to appear!**
- *Contact The New Mexico Poison and Drug Information Center’s Health Educator at 505-272-1364 for further assistance in poison-proofing your home.*